



NOTICE OF MEETING AND AGENDA AGE-FRIENDLY COMMITTEE

Thursday, August 15, 2024, 2:00 PM
Village Office, 495 Hot Springs Road
Harrison Hot Springs, BC V0M 1K0

THIS MEETING WILL BE CONDUCTED IN-PERSON ONLY

1. CALL TO ORDER	
Meeting called to order by Deputy Mayor Facio. Acknowledgment of traditional territory of Sts'ailes.	
2. INTRODUCTION OF LATE ITEMS	
3. APPROVAL OF AGENDA	
4. ADOPTION OF MINUTES	
(a) THAT the minutes of the July 18, 2024 Age-Friendly Committee Meeting be adopted.	Page 1
5. ITEMS FOR DISCUSSION	
(a) Update from the August 12, 2024 Regular Council Meeting	Page 5
(b) Age-Friendly Grant 2024	Page 7
(c) Age-Friendly Open House	
(d) Update from BC Transit	
(e) Emergency Preparedness Resource Guide and Prepared BC Materials	
(f) Rock Painting / Locating Contest	
(g) Pumpkin Carving Contest	
6. ADJOURNMENT	

Amanda Graham
Corporate Officer

**VILLAGE OF HARRISON HOT SPRINGS
MINUTES OF THE AGE-FRIENDLY COMMITTEE**

DATE: Thursday, July 18, 2024
TIME: 2:00 p.m.
PLACE: Council Chambers, Village Office
495 Hot Springs Road, Harrison Hot Springs, BC

IN ATTENDANCE: Deputy Mayor Leo Facio (Chair)
Alison Douglas
Audrey Johnstone
Laura Lanfranchi
Lise Reimer
Karen Seraphim

Amanda Graham, Corporate Officer
Christy Ovens, Community Services Manager

ABSENT: Peggy Arndt
Sonya Boizard

1. CALL TO ORDER

Deputy Mayor Facio called the meeting to order at 2:00 pm.
Deputy Mayor Facio acknowledged the traditional territory of Sts'ailes.

2. INTRODUCTION OF LATE ITEMS

Late item from Laura Lanfranchi – add “List of Vulnerable Residents Requiring Evacuation Support” as Item for Discussion 5(e)

Alison Douglas – passed around a list of potential activity ideas

Late item from the Corporate Officer to change Item for Discussion 5(b) – Update on Agassiz Harrison Community Services Society Presentation to “Agassiz Harrison Community Services Society Presentation”

3. APPROVAL OF AGENDA

Moved by Alison Douglas
Seconded by Audrey Johnstone

THAT the agenda be approved as amended.

**CARRIED
UNANIMOUSLY**
AFC-2024-07-01

4. ADOPTION OF MINUTES

Moved by Laura Lanfranchi
Seconded by Lise Reimer

THAT the minutes of the June 20, 2024 Age-Friendly Committee Meeting be adopted.

**CARRIED
UNANIMOUSLY**
AFC-2024-07-02

5. ITEMS FOR DISCUSSION

(a) District of Kent – Manager of Recreation / Culture & Projects, Skylar Gormley

Skylar Gormley brought copies of the Spring/Summer 2024 Leisure Guide and provided an overview of District of Kent programming and facilities. He highlighted some challenges with recreational and fitness programming, including a shortage of instructors and inadequate flooring. Additional considerations include wages and the cost of equipment. He highlighted some senior specific programs, including Heart Health (referral based) and upcoming low impact fitness classes. He discussed the District of Kent's mandate to offer programming within their municipal boundaries but suggested the possibility of doing a demonstration class in the Village. 23% of the Leisure Centre's user base are Harrison Hot Springs' residents, with 51% of total residents being registered. The largest age group of users are between 50 and 65 years of age, with 65+ being the second largest group. He discussed some other low-cost program options, including a monthly activity card that people can check off and/or a scavenger hunt that people can redeem for prizes. He brought forward the plans for the new Lets'emot Regional Aquatic Centre and discussed current challenges with the Ferny Coombe pool.

(b) Agassiz Harrison Community Services Society – Eunice Jasso and Kim Pretzer

Eunice Jasso, Food Bank Coordinator and Community Connector presented some of the programming AHCS offers. The Community Connector is a new program from Fraser Health and United Way for seniors 55 and over experiencing isolation. The program helps the participant develop a wellness plan that includes exercise, socialization and meals. The Food Bank has moved to a shopping model to allow participants to select culturally and diet appropriate foods. The Food Bank shopping day is once a week and participants can come once per month. Eunice advised that AHCS will be challenging communities to compete with one another to encourage food bank donations, and the group with the most donations will win a pizza part. She further reported that most users of the Food Bank from Harrison and Agassiz are single people and seniors. Donations of food that has not met expiry are accepted everyday.

Kim Pretzer, Social Meals Coordinator and Seniors' Support spoke specifically about senior programming. Better at Home is a program offering light housekeeping, transportation, friendly visitor and meal planning. There is about a two month wait for this program. The Drive4u program is eligible to anyone needing assistance going to medical appointments, shopping, the airport and some limited social events. AHCS is currently low on drivers but expecting an increase in the fall. The Seniors' Lunch takes place at the Legion in Agassiz, and twice a year at the Community Central Church in Harrison. The Committee discussed the possibility of having the lunch at Memorial Hall. Kim further reported on the mobile and stay Senior's Café program in partnership with the Fraser Valley Regional Library. AHCS is always looking for more volunteers, including for the Food Bank and Drive4U in addition to society members.

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(c) Budget

The Committee discussed the \$5,000 budget allocated to the Committee in the Village's Financial Plan. Alison Douglas provided a list of ideas including card/board games, crafts, dancing, yoga and calligraphy.

The Committee discussed hosting an Age-Friendly Open House event on a weekend or weekday evening. Community partners would be invited to have booths and a volunteer drive. A survey would be conducted to gather input on events or programs that the public would like to see to supplement the online survey conducted by the Village earlier this year.

Moved by Alison Douglas
Seconded by Karen Seraphim

THAT Council direct staff to organize an Age-Friendly Open House in late September at Memorial Hall.

CARRIED
UNANIMOUSLY
AFC-2024-07-03

Moved by Laura Lanfranchi
Seconded by Audrey Johnstone

THAT Council direct staff to develop a chair yoga pilot program over six weeks in Memorial Hall to be funded from the Age-Friendly Committee Budget at a cost not to exceed \$2,000.

CARRIED
UNANIMOUSLY
AFC-2024-07-04

(d) Age-Friendly Grant

The Community Services Manager advised that there is a new call for applications for the Age-Friendly Grant with up to \$15,000 in funding available for project implementation. The Committee discussed the following highlights from the 2015 Age-Friendly Action Plan:

- Supporting increased transportation
- Examining and expanding information on Agassiz Harrison Community Services
- Intergenerational activities, including building model trucks and planes, a kite festival, and supporting the Community Garden
- Let downs on pavements, benches and rest areas

The Committee agreed by consensus to provide a letter of support for the grant application through the Chair.

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(e) List of Vulnerable Residents Requiring Evacuation Support

Laura Lanfranchi advised that she had brought this topic forward to the Emergency Support Services Coordinator, but they are not able to easily produce a list of vulnerable residents requiring support in an evacuation with their GIS program. It was suggested that AHCS might be a good starting point. The Community Services Manager provided some information on what evacuation procedures in the Village would be. There are resources that are available from the Province including window signs to indicate whether a resident needs help in the case of an emergency. The Community Services Manager will reach out to a group of emergency management contacts and bring more information back to the Committee. The Committee discussed having an Emergency Information display at the Age-Friendly Open House.

6. **ADJOURNMENT**

Moved by Alison Douglas
Seconded by Laura Lanfranchi

THAT the meeting be adjourned at 3:49 p.m.

**CARRIED
UNANIMOUSLY**
AFC-2024-07-05

Leo Facio, Chair
Age-Friendly Committee

Amanda Graham
Corporate Officer

File No: 0360-20-03
Date: August 12, 2024

To: Mayor and Council
From: Amanda Graham, Corporate Officer
Subject: Age-Friendly Committee Report

SUMMARY

To present resolutions and information on behalf of the Age-Friendly Committee for Council's consideration.

BACKGROUND

On Thursday, July 18, 2024, the Age-Friendly Committee met and heard presentations from Skylar Gormley, Manager of Recreation / Culture and Projects at the District of Kent, Eunice Jasso, Food Bank Coordinator and Kim Pretzer, Social Meals Coordinator Seniors' Support both with Agassiz Harrison Community Services. The Committee discussed possible programming at Memorial Hall, the upcoming funding stream for the Age-Friendly Grant and assisting vulnerable residents during an evacuation.

The Committee unanimously passed the following resolutions regarding recommended Council action:

THAT Council direct staff to organize an Age-Friendly Open House in late September at Memorial Hall; and

THAT Council direct staff to develop a chair yoga pilot program over six weeks in Memorial Hall to be funded from the Age-Friendly Committee Budget at a cost not to exceed \$2,000.

Discussions with respect to the Age-Friendly Open House included:

- Holding the event on a weekday evening or Saturday to encourage participation
- Inviting community partners to attend with information booths specific to the Age-Friendly mandate
- Conducting a paper-based survey to supplement the online recreation survey conducted by the Village earlier this year
- Having a Village information booth regarding emergency planning and evacuation information, particularly for residents who may require more support in an emergency

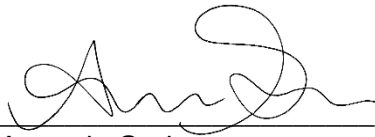
POLICY CONSIDERATIONS

2023 Strategic Plan Priorities

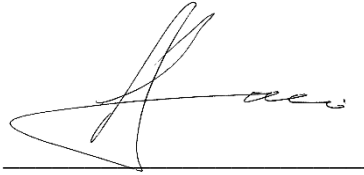
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Healthy Livable Community – To promote and enhance a healthy lifestyle for all ages.

Respectfully submitted:



Amanda Graham
Corporate Officer



Deputy Mayor Leo Facio
Chair, Age-Friendly Committee

File No: 1855-03-50
Date: August 12, 2024

To: Mayor and Council
From: Christy Ovens, Community Services Manager
Subject: 2024 Age-Friendly Communities Grant

RECOMMENDATION

THAT staff be authorized to apply to the BC Healthy Communities, 2024 Age Friendly Communities grant stream for up to \$15,000.00.

SUMMARY

To provide Council with information on a funding opportunity for an Age-Friendly project.

BACKGROUND

In 2015 an Age Friendly Action Plan was created for the Village with great involvement by the community throughout the process. Significant progress has been made toward achieving actions recommend in the plan, however, there are still opportunities to act on some of the recommendations.

In early 2024, staff conducted a Community Programs and Services survey that was completed by 76 respondents. This survey highlighted that there is a desire for there to be more recreational activities, social gathering opportunities, and educational workshops in the Village. The Age-Friendly Committee also regularly discusses these topics at their monthly meetings.

DISCUSSION

BC Healthy Communities is calling for applications for their Age Friendly Communities funding stream. The focus area of this grant is Age-Friendly project implementation and the maximum funding amount per community is \$15,000.00.

Staff are proposing that if successful, these funds would be used to support hosting an Age-Friendly Open House in October 2024. This open house will include the launch of an Emergency Preparedness Resource guide for residents, representatives from Agassiz Harrison Community Services to showcase programs and volunteer opportunities, and much more. Other funds would support projects including a 6-week recreational program held at Memorial Hall, expansion of the Community Garden space to allow more resident involvement, and an intergenerational art project to beautify the area. Remaining grant funds will support the Age-Friendly Committee and staff resources to continue to review the 2015 Age Friendly Action Plan, make updates to our website and social media information, and prioritize future projects.

FINANCIAL CONSIDERATIONS

There are no additional financial considerations at this time.

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POLICY CONSIDERATIONS

2023 Strategic Plan Priorities

Healthy Livable Community – To promote and enhance a healthy lifestyle for all ages.

Respectfully submitted:

Reviewed by:



Christy Owens
Community Services Manager

Tyson Koch
Chief Administrative Officer